

# NETBALL CLUB



# INFO PACK



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# WELCOME TO OOPS NETBALL CLUB!

OOPS Netball Club strives to provide **opportunities** for everyone in our community to participate in healthy, safe and inclusive netball activities in a fun and family orientated environment.

The club is managed by dedicated **volunteer** staff, all of who provide their skills, time and assistance to ensure the club can offer a variety of structured programs.

We all share a love for sports and understand the good that it can bring to our lives. We have all experienced the thrill of competition, the camaraderie of a **team**, and the satisfaction of achieving a goal. At OOPS Netball club we strive to provide opportunities for everyone to experience these things, regardless of their skill level.

While the COVID years were challenging for us all, it has given us all a greater appreciation for community sport and the joy and opportunities it brings.

With pride, respect, development, inclusion and fun at the centre of our core value, we are excited about the future of this club as it continues to grow.

**Vanessa Alford & Megan Grehan**  
Co-Presidents





# CLUB BACKGROUND & HISTORY

- Old Orchard Primary School (OOPS) Netball Club was formed in late **2014** by **Jenny McCann and Ellen Hurley**, two dedicated teachers with a passion for netball. Our school community quickly embraced the club and in our first season, 4 teams entered into competition at the Whitehorse Netball Association in Vermont.
- By the end of 2015, a committee was formed to ensure the ongoing success of the club. Our club has gone from **strength to strength** and we now have 14 teams with over 100 players ranging in age from 7 - 18+ years of age.
- Our aim is for our players to enjoy the sport of netball, participate in a team environment, and feel a part of the community. Many new **friendships** have been formed through playing in our Club. We are extremely proud of our Club and excited to see it grow.



# OUR VISION

IS TO PROMOTE,  
DEVELOP AND  
ENCOURAGE THE  
ENJOYMENT OF  
NETBALL.



# CULTURE AND VALUES

At OOPS Netball Club, we uphold a strong foundation built on core values that define who we are and guide everything we do. Pride, respect, development, inclusion, and fun are at the heart of our community. Together, we foster an environment that encourages learning, friendship, and personal development for all members.

## **PRIDE**

Proud to wear the uniform and value our club history.

## **RESPECT**

Treating everyone involved in sport and active recreation in a considerate, objective and courteous manner with proper regard for their rights, dignity and worth.

Refraining from any form of discrimination, harassment, bullying, abuse, child abuse, intimidation, victimisation or vilification of others, including on the basis of age, race, sex, disability, sexuality, gender identity or religion.

Recognising and valuing the contribution of all to sport and active recreation, including volunteer coaches, officials and administrators who give up their valuable time to make sport and active recreation possible.

## **DEVELOPMENT**

We support and encourage the development of player skills on and off the court. Recognising development of players and officials in their roles, as well as their own self development.

## **INCLUSION**

We appreciate and embrace diversity, equality, participation and cooperation.

# OUR VOLUNTEERS

## HELP US!

- Volunteers play an indispensable role as the backbone of community sports, ensuring their successful operation and growth and OOPS Netball Club could not run without them.
- Here at OOPS Netball Club we have a dedicated group of volunteers who create a vibrant and inclusive atmosphere bringing people together. From coaching and officiating to organising events and managing logistics, volunteers contribute their time, expertise, and energy.
- These passionate individuals act as role models, inspiring athletes of all ages to pursue their sporting dreams. Their commitment fosters a sense of belonging and community spirit, making sports accessible to a wider audience, regardless of socio-economic backgrounds. Moreover, volunteers enable community sports to thrive economically, as their efforts reduce operational costs, allowing more resources to be channeled into improving facilities and programs.
- Beyond their immediate impact on sports events, volunteers also promote a healthier and happier society and they get something back too. Volunteering can be fun and meaningful and in turn be good for our mental health and wellbeing.
- Parents, carers, grandparents, aunts, uncles, friends - you all have something to offer our netball community so please get in touch to see how you can assist our community.



## ROLES

### Committee of Management Roles

#### Executive Committee

President  
Vice President  
Treasurer  
Secretary

#### Operating Committee

Registrations Co-Ordinator  
Coaching - Co-Ordinator  
Umpire Co-Ordinator  
Uniform Co-Ordinator  
Grants Officer  
Child Safety Officer

#### Sub Committees

Team Selection Committee  
Events Committee

#### Non-Committee Roles

Equipment Co-Ordinator  
Website and Social Media Co-Ordinator  
Team Manager  
Team Coach  
Assistant Coach  
Umpires

For position descriptions please email us at [oopsnetball@gmail.com](mailto:oopsnetball@gmail.com)

**VOLUNTEERS  
NEEDED**



# WHAT IS NETBALL?

# 2

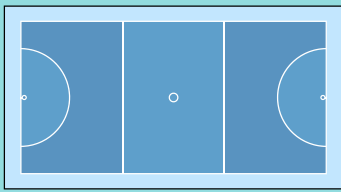
## TWO TEAMS

Netball is a ball sport played by two teams of seven players. Games are played on a rectangular court with raised goal rings attached to a 3.05 metres (10 feet) high post at each end.

# GOALS!

## THE GOAL

The object is to score goals from within a defined area, by throwing a ball into the ring. The winning team is the one that scores the most goals. Standard games consist of 4 x 10 minute quarters and are played in Sections 3 – 17. Championship games consist of 4 x 15 minute quarters and are played by teams in Section 1. Section 2 consists of 4 x 12 minute quarters.



## THE COURT

The court is broken up into thirds. The game starts with a pass from the centre circle. The game is played over four quarters and can be played on indoor and outdoor courts.

# 7

## SEVEN POSITIONS

Players are assigned specific positions, which define their roles within the team and restrict their movement to certain areas of the court. A player with the ball can hold onto it for only three seconds before shooting for a goal or passing to another player.

## INTRO TO NETBALL VIDEO





# TRAINING & GAME DAY

## TRAINING ADDRESS

OOPS Netball Club currently trains exclusively at the netball courts at the rear of **Old Orchard Primary School**.

Entrance is via the rear of the school on **Lantana St Blackburn North**.




## GAME DAY ADDRESS



We play our games at **Sportlink, Whitehorse Netball Association**.

**2 Hanover Rd,  
Vermont South VIC  
3133.**

# NETSETGO




5-6 year olds

## Net

Where it all begins, Net puts the fun in fundamental motor skills through activities and games.

[FIND YOUR CENTRE](#)




7-8 year olds

## Set

Set focuses on refining fundamental motor skills and introducing modified match play.

[FIND YOUR CENTRE](#)



9-10 year olds

## GO

GO develops specific skills through modified match play that has kids ready for the real thing!

[FIND YOUR CENTRE](#)

## ABOUT

Woolworths NetSetGO is netball's official starter program for kids aged five to 10. A chance to learn the netty basics,

Woolworths NetSetGO helps kids gain **confidence**, get active and make friends in a safe and inclusive environment.

The program is divided up into **three tiers: Net, Set and GO**. Where you begin depends on your age and netball experience, but there's no skill level required to get started.

## NET AND SET TIER

We currently offer a Set program for **students** attending Old Orchard Primary School.

**Training** is during lunchtime or after school school on site at Old Orchard Primary School.

Registration for Net Set in January and July.

## GO TIER

### Games

This program runs on a Monday night with games played on the indoor courts at Sportlink Vermont.

### Game Time

4.10pm, 4.50pm and 5.30pm. Monday GO games consist of 4x 9 minute quarters and are played in sections, GO 1, GO 2, GO 3.

### Training

Rear of Old Orchard Primary School  
Wednesday evenings.



# JUNIORS AND SENIORS



## ABOUT

Once players have progressed from the NetSetGo program they will be placed in a team that will play in the **Saturday Competition**.

### Training

Training is conducted weekdays between 3:45pm and 8pm at Old Orchard Primary School. Players are expected to attend training sessions.

## SATURDAY GAMES

Games are played at Sportlink Vermont on the indoor and outdoor courts.

### Game Time:

The first round starts at 8:20am and the last round starts at 4:00pm.

### Sections

Range from Section 22 (lowest level) to Section 1 (Highest level). Teams are allocated to sections at the discretion of Whitehorse Netball Association.



# COMPETITIONS

# PATHWAY



## COMPETITIONS PATHWAY

### VICTORIAN NETBALL LEAGUE



## ATHLETE PATHWAY



**OOPS Netball Club currently participates in the Woolworths NetSetGO and Club/school teams Athlete Pathway.**

# REGISTRATION FEES

Fees paid to the club must be paid online via Netball Connect and are for the Netball Victoria(NV), Whitehorse Netball Association(WNA) and OOPS Netball Club. Fees are subject to change.

Registration is current when the club receives all forms(ie codes of conduct) and payment. Players are not covered by insurance until payment is received.

**Club fees for the season are \$210 plus an annual Netball Victoria fees as below**

- **NetSetGo - \$tba (Monday teams) - this includes a participation pack - free tshirt and netball**
- **Junior - \$70**
- **Senior - \$90**

**\*Prices current at 2025 Autumn Season**

# REGISTRATION

**We are so excited to have you joining us at OOPS NETBALL CLUB this season, and hopefully many years to come!**

**How to Register? Super Simple.**

**You will need:**

- To download the Netball Connect App
- Select REGISTER
- Search for OOPS Netball Club
- Player contact details
- Parent/Guardian contact details
- Details of an emergency contact
- A bank card to pay the enrolment fee



**NEXT**

Complete the Team Selection Placement Form

**If you have any questions about any of the above, or need assistance, please don't hesitate to reach out to our registrar by emailing [oopsnetballreg@gmail.com](mailto:oopsnetballreg@gmail.com).**

## **Contact Us:**

**OOPS NETBALL CLUB**

Rear of Old Orchard Primary School

Enter Via Lantana St Blackburn North VIC 3130

[www.oopsnetballclub.com](http://www.oopsnetballclub.com)

[oopsnetball@gmail.com](mailto:oopsnetball@gmail.com)

@oopsnetball



# POLICY AND PAYMENT INFO

For all our policies and procedures including but not limited to those relating to payments, selection policy, Child Safety and Codes of Conduct please refer to our website.

Here at OOPS Netball Club we take the matters of Child Safety and Codes of Conduct very seriously. We follow Netball Victorias Child Safety Policy for conformance to Child Safety Standards that apply to sporting organisations that operate and provide sporting services to children within Victoria.

**PLEASE READ AND REFER TO THE OOPS NETBALL CLUB POLICIES ON OUR WEBSITE SO YOU CAN MAKE AN INFORMED DECISION.**